

ISSUE 2

VOL. 8

JULY 2024

PHILIPPINE RETIREMENT NEWS

THE OFFICIAL NEWSLETTER OF THE PHILIPPINE RETIREMENT AUTHORITY
www.pra.gov.ph



CENTRAL LUZON



NORTH LUZON



VISAYAS



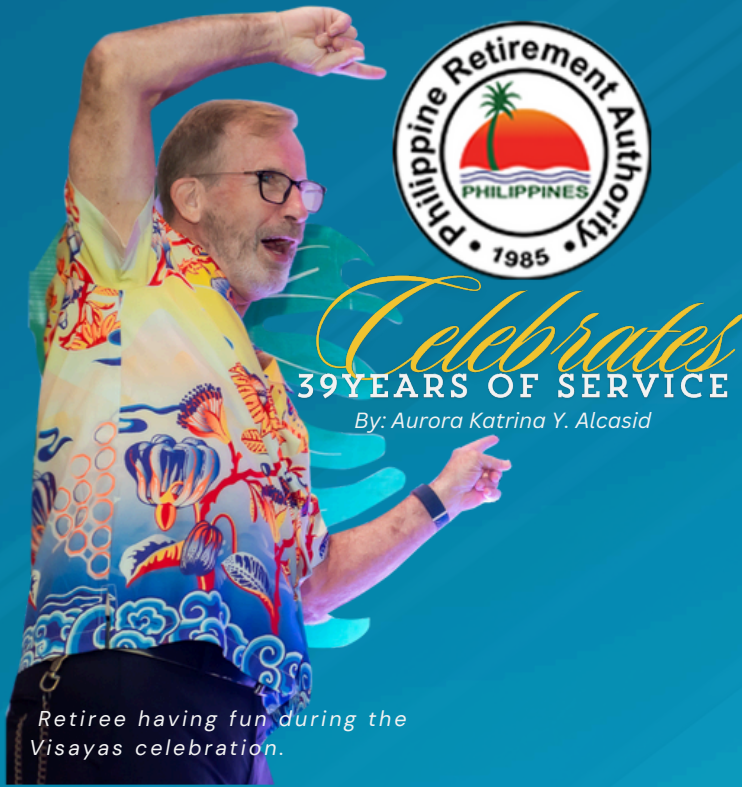
MINDANAO

**MALASAKIT:
A CORNERSTONE FOR FILIPINO
SERVICE EXCELLENCE**

39th
Anniversary
SPECIAL



**LOVE TO LIVE
IN THE PHILIPPINES**



Retiree having fun during the Visayas celebration.

The Philippine Retirement Authority (PRA) marked its 39th anniversary with a series of celebrations held in Davao, Cebu, Clark, and Baguio. With the theme "Flowers, Food, and Fun," the events aimed to showcase the Philippines as a tropical haven that warmly embraces its resident retirees.

These pocket celebrations showcased the Filipino culture of hospitality and served as a prelude to the grand 40th-anniversary commemoration planned for July 2025. As the PRA gears up for this milestone, it is dedicated in its commitment to enriching member services and living up to the Filipino value of "malasakit."

The anniversary celebrations were not just an acknowledgment of the PRA's nearly four decades of service but also a testament to the Filipino value of "malasakit." This deeply ingrained cultural concept, difficult to translate directly into English, embodies care, compassion, and a sense of familial obligation that goes beyond mere duty. For the PRA, malasakit is more than just a guiding principle; it is the foundation upon which the organization builds its relationships with retirees. Malasakit, is a term that captures the world-renowned Filipino hospitality. As an attached agency to the Department of Tourism, the Authority is intensifying its efforts to establish a strengthened monitoring and care program that truly embodies this core value.

a recurring message in PRA's CEO and General Manager, Roberto Zozobrado fondly known as GM Bob's welcome address. As a family member, PRA strives to have an active part in each of their retiree-member's well-being.



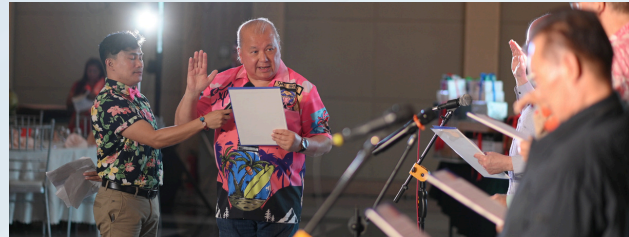
Retirees enjoying freestyle dancing at the Visayas celebration

"Our retirees are more than just members; they are our family,"

PRA AND THE SRRV COMMUNITY, YOUR FAMILY IN THE PHILIPPINES

Retiring in a foreign country can be a challenging experience, but the PRA is committed to making that transition smoother for Special Resident Retiree's Visa (SRRV) holders. Demonstrating this dedication, the PRA recently hosted a series of events to celebrate its 39th anniversary, focusing on fostering stronger connections by personally welcoming new SRRV members.

the PRA not only enhances local tourism but also creates a hospitable environment that benefits both the retirees and the communities they join.



GM Bob officiating an oath taking ceremony during the Northern Luzon Celebration

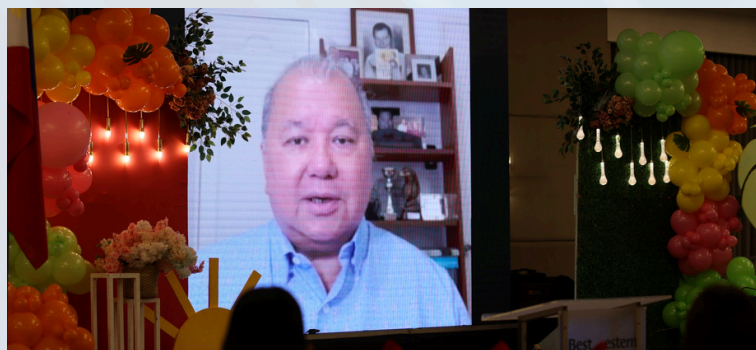
"We're committed to making you love to live in the Philippines," said GM Bob. By embracing foreign retirees,



The timing of the celebrations presented a unique challenge, as July is typically typhoon season in the Philippines. The possibility of bad weather could have easily dampened the spirit of the events, but in true Filipino style, the PRA staff and their partners faced the challenge with resilience and determination. They braved through typhoon Carina and proceeded with the last 2 legs (Clark and Baguio) of the multi-day celebration, making sure that safety was the top priority while still providing an unforgettable experience for all attendees.

The events were carefully planned to give retirees a memorable experience that they could treasure for years. Photo booths and backdrops were set up at each venue, allowing retirees to capture special moments with their new friends and fellow community members. These keepsakes served as a tangible reminder of the fun and camaraderie shared during the celebrations, reinforcing the sense of belonging that the PRA aims to cultivate within the SRRV community.

As PRA approaches its 40th anniversary, it reflects on its achievements with great pride and reaffirms its dedication to the retirees who have placed their trust in the Philippines for their golden years. The journey to 2025 is built on the same malasakit that has guided the PRA for almost four decades—a commitment to care, compassion, and a retirement experience that is genuinely world-class.



GM Bob giving a virtual speech during the Central Luzon Satellite Office celebration

Location Highlights

At each venue, distinguished retirees, key marketers, merchant partners, and community leaders were honored. GM Bob made it a point to personally greet every new retiree during the oath-taking ceremony. Those celebrating July birthdays were pleasantly surprised with a special cupcake. To sustain the energy, icebreakers, retiree performances, traditional dances, and games were thoughtfully interspersed within the program. Each event culminated in a freestyle dance session, a joyful expression of the fun and freedom that retirement in the Philippines can bring.



GM Bob and other July Birthday celebrators during the Visayas Satellite Office celebration

EMBRACING THE RETIREE LIFESTYLE HERE IN THE PHILIPPINES

His freedom as a retiree enables him to enjoy activities in the Philippines such as off-road motorbiking and surfing. His other hobbies include Latin dancing, sailing, and flying ultralight aircraft.

By: Aurora Katrina Y. Alcasid



Retirement marks a significant shift in one's lifestyle and takes on many forms. After years of adhering to a strict 8-to-5 schedule and enduring daily commutes, retirement presents an opportunity for change and reflection. For some, it signifies the end of assignments abroad as expatriates or deployments in conflict zones. For others, it's the chance to enjoy the comforts of home and the joy of spending time with family.

Retirement is a milestone— but it isn't always a choice. Some face early retirement due to retrenchment, layoffs, work-related injuries, or medical discharges. Regardless of how it comes about, the transition to retirement is a significant life event that requires thoughtful planning.

THE OTHER SIDE OF RETIREMENT: JOHN DANG'S STORY

Retirement, whether planned or unexpected, marks the dawn of a new chapter in life. For John Dang, a holder of a Special Resident Retiree's Visa (SRRV), adopting the retiree "label" offered a fresh perspective on life.

Dang envisioned his retirement as the freedom to "do anything, at any time, in any place I wanted." Setting a goal to achieve this by age 40, he realized his dream by 39. "When I was 20 years old and imagined myself at 40, I pictured financial success and a certain lifestyle... I pretty much have achieved that," Dang said.

His retirement was made possible through multiple income streams, primarily from real estate. Dang owns 19 properties across seven locations on three continents, which serve as vacation homes. For him, real estate is not just work but a passion project.

Raised with Asian values as a third-generation immigrant from Vietnam to the U.S., Dang views real estate as a path to "getting ahead in life" and a means of contributing to generational wealth. He explains that it's a legacy that can be passed on.



Aside from continually seeking investment opportunities worldwide, Dang is busy creating online content on YouTube, Facebook, and Instagram (@johndang808). He shares insights about real estate literacy, a natural extension of his passion for finding and securing wealth to support the retiree lifestyle he envisioned.



Dang's venture into content creation allows him to connect with a broader audience and inspire others to pursue financial independence. He also discusses retirement opportunities, emphasizing that securing a second passport or a retirement visa can open up more opportunities and help one find a place that "treats you best".

AT HOME IN THE PHILIPPINES

"I love it here because I feel most at home", Dang said about the Philippines. Having lived in Europe, the U.S., and Asia, he finds the kindness of the people in the Philippines unparalleled. When asked if he "loves to live in the Philippines", he responded "Yes, 100 percent!" with a smile.

Beyond the beautiful scenery, it's the hospitality of the people and strong family values that make retirement in the Philippines special. He fondly says that he has found a home with the friends and people here and that "it doesn't feel as lonely as living in the U.S.", said Dang.

LIFE AS A RETIREE IN THE PHILIPPINES

Retirement is a unique journey for everyone. Choosing to spend one's golden years in a foreign country can present its own set of challenges. For those who select the Philippines as their retirement destination, having a supportive community can make a significant difference.

Navigating the retirement life in the Philippines becomes a smooth journey with the right network of fellow retirees and locals. The Resident Retiree Servicing Division has developed "We Care" as part of its Retiree Care Program to provide extended care and support to Special Resident Retiree's Visa (SRRV) holders. This program enhances each SRRV holder's membership by creating

a platform for exchange of ideas, well-being monitoring, and curating a variety of activities where retirees can bond and get to know one another while exploring Philippine culture.

"We Care" is committed to providing an unforgettable Philippine Retirement Experience (PRE). Through this program, the Philippines transforms from just a retirement destination into a true home, filled with camaraderie and a sense of belonging.

Like John Dang, many have found their home in the Philippines. We encourage you to share your own retiree story with us. Email us at wecare@pra.gov.ph, we would love to hear from you!



BUSY BZ



ENHANCING THE RETIREMENT EXPERIENCE: PRA AND DUTY FREE PHILIPPINES OFFER EXCLUSIVE DISCOUNTS FOR FOREIGN RETIREES



PRA AND THE BUREAU OF IMMIGRATION (BI) ENTERS INTO A DATA SHARING AGREEMENT



PRA AND SHINAGAWA ESTABLISH PARTNERSHIP TO ENHANCE HEALTH AND VISION CARE SERVICES FOR FOREIGN RETIREES



FORMALIZING COLLABORATION: PRA, AFAB SEAL PARTNERSHIP IN MOA SIGNING CEREMONY



PRA AND ROBINSONS LAND CORPORATION COLLABORATE TO ELEVATE RETIREMENT LIVING IN THE PHILIPPINES



PRA AND SM HOTELS & CONVENTIONS SIGN A MOA TO BENEFIT FOREIGN RETIREES



GM ZOZOBRADO AS ONE OF KEYNOTE SPEAKERS DURING THE GAES 2024 IN HONGKONG



ITB 2024 IN BERLIN, GERMANY WITH CONSUL GENERAL MARIE YVETTE L. BANZON ABALOS AND TIEZA DEPUTY COO, ATTY. JOY BALAUITAN



COURTESY VISIT TO AMBASSADOR CONSTANCE SEE OF SINGAPORE EMBASSY



COURTESY VISIT TO CONSUL GENERAL GERMINIA V. AGUILAR-USUDAN AT THE CONSULATE OF THE PHILIPPINES IN HONG KONG



COURTESY VISIT TO AMBASSADOR IRENE SUSAN B. NATIVIDAD AT THE PHILIPPINE EMBASSY IN BERLIN, GERMANY



PRA OFFICIALS WITH AMBASSADOR GARCIA-ALBANO OF THE PHILIPPINE EMBASSY IN TOKYO JAPAN DURING THE JAPAN WELLNESS AND TOURISM EXPO



MEDICAL DEPOT: ENHANCING HEALTHCARE ACCESSIBILITY FOR PRA RETIREES

By: Jose Nazareth C. Delas Alas

Medical Depot, a premier provider of medical supplies and equipment in the Philippines, continues to lead in delivering high-quality healthcare products. Specializing in a comprehensive range of medical supplies, tools, devices, equipment, and generic medicines, Medical Depot is dedicated to meeting the needs of healthcare providers and patients alike. Their extensive catalog includes everything from basic first aid kits to sophisticated medical devices, ensuring that both everyday needs and critical healthcare requirements are met with reliability and efficiency.

In a significant move to extend their services to a broader audience, Medical Depot has recently signed a Memorandum of Agreement (MOA) with the Philippine Retirement Authority (PRA). This partnership marks a notable development in the healthcare landscape for PRA's retiree-members, as it introduces a beneficial 10% discount on all medical supplies, tools, devices, equipment, and generic medicines available at Medical Depot. This discount is specifically designed to support the healthcare needs of PRA retiree-members and, thus, ineligible for local senior citizen programs.

This initiative holds substantial importance. As foreign retirees do not qualify for the discounts and benefits provided to local senior citizens, the agreement ensures they are not disadvantaged when it comes to accessing essential medical products. This effort by PRA thru Medical Depot underscores a commitment to inclusivity and support the retiree-members of PRA. By providing these discounted rates, Medical Depot not only alleviates the financial burden on the said retiree-members but also promotes better health and well-being, enabling them to live more comfortably and securely in their retirement years.

Moreover, this partnership highlights the growing need for healthcare accessibility and affordability, especially in a country that welcomes a significant number of foreign retirees. The collaboration between PRA and Medical Depot serves as a model for how private sector entities can play a vital role in enhancing the quality of life for foreign retirees. It underscores the importance of accessible healthcare as a fundamental right and an essential component of a supportive and inclusive community.

In conclusion, the PRA and Medical Depot collaboration through the MOA represents a significant step forward in providing PRA's retiree-members with equitable access to necessary medical supplies and services. This initiative not only addresses a critical gap in the healthcare system but also reaffirms the Philippines' commitment to being a hospitable and supportive retirement destination. For more information about the products of Medical Depot, please visit <https://medicaldepot.com.ph/>



Continued on next page

www.pra.gov.ph

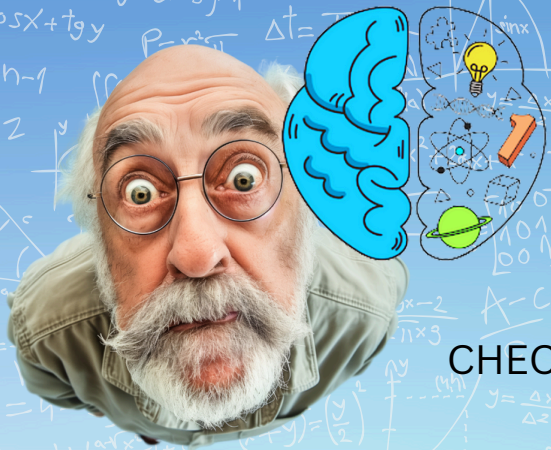
About MEDICAL DEPOT

Established in 1991 in Bambang, Sta. Cruz, Manila, MEDICAL DEPOT has grown to operate over 50 branches in strategic areas of Metro Manila and Luzon, with plans to expand into the Visayas and Mindanao regions. Under the leadership of its President/CEO, Rodolfo V. Medina Jr., Medical Depot has garnered a reputation for distributing high-quality and affordable medical products. The company's extensive network and experience in dealing with diverse international quality products position it well to meet the healthcare needs of PRA's retiree-members.

For more information about the products of Medical Depot, please visit <https://medicaldepot.com.ph/>



Memorandum of Agreement Improves Welfare of Foreign Retirees through PRA and Medical Depot Partnership



BRAIN TEASER: numbers quiz

CHECK HOW GOOD YOU ARE WITH REMEMBERING THE SIGNIFICANCE OF NUMBERS:

Example: 24 H I A D = 24 Hours In A Day

- | | | | | |
|-------------|-------------|-------------|----------------|-------------|
| 52 W I A Y | 12 S O T Z | 12 P I A D | T 3 L P | 88 K O A P |
| 100 Y I A C | 6 S I A C | T 10 C | 206 B I T B | 26 L I T A |
| 7 D I A W | S W A T 7 D | 4 S I A Y | 10 Y I A D | 8 N I A O |
| 52 C I A D | 12 D O C | 12 M I A Y | 18 H I A G C | T 4 E |
| 7 W O T W | 7 D S | 196 C I T W | 3 B M, S H T R | 5 P I A B T |

(Answers will be published in the next issue.)



LOVE TO LIVE IN THE PHILIPPINES



**PHILIPPINE RETIREMENT AUTHORITY
UPDATED LIST OF ACCREDITED MERCHANT PARTNERS
Active as of August 2024**

NAME OF COMPANY	ADDRESS	DISCOUNTS/ PRIVILEGES	CONTACT DETAILS
HEALTHCARE			
ASSISTED LIVING FACILITY			
LA VERNA AGED CARE INSTITUTE, INC.	Marikina Heights, Marikina City	20% DISCOUNT on all packages *does not apply with other package discounts such as senior discounts	helpinghand@lavernaagedcare.com
LIFECARE LIVING SOLUTIONS, INC.	Morong, Rizal	Priority Processing Waved Move-in fee worth Php 15,000.00	(02) 8584-6228 llsi.lifecareph@gmail.com
PALMS RESIDENTIAL CARE FACILITY FOR THE ELDERLY	Guadalupe, Cebu City	5% DISCOUNT on monthly payment and free meals and board and lodging.	0916-2354791 alma_sy63@yahoo.com palmsresidentialcare@gmail.com
THE RESIDENCES AT MAAYO	Mandaue City, Cebu	10% DISCOUNT on all services	0998-96212-234 (032) 888-2662
CAREGIVING			
ONE HEALTHCARE INTERNATIONAL ACADEMY OF CAREGIVERS, INC.	Mabalacat City, Pampanga	Special Rate	0963-047-3232 / 0995-531-1656 onehealthcareinternationalacademy@gmail.com
HOSPITAL/MEDICAL FACILITY			
CARDINAL SANTOS MEDICAL CENTER	San Juan City, Metro Manila	Special Rate	632 8727 0001
DE LOS SANTOS MEDICAL CENTER	Quezon City, Metro Manila	Special Rate	889-DLSMC (35762)
HEALTHCONNECT PHILIPPINES TECHNOLOGIES, INC.	Angeles City, Pampanga	5% DISCOUNT on all services	09495022382 hello@healthconnectph.com / ely@healthconnectph.com (02) 8216-7591
HEALTH CUBE MEDICAL CLINICS	Mandaluyong City, Metro Manila	Executive Check-Up Package Rate at Php 11,888.00	d.pancho@healthcube.com.ph shaw@healthcube.com.ph
M.H. CHUA EYE CENTER	Angeles City, Pampanga	Eye Examination Special Rate and Diagnostics Special Rate	(45) 436-0269 0928-554-0269 / 0917-525-1476 chuaeyecenter@gmail.com
THE HOSPITAL AT MAAYO	Mandaue City, Cebu	10% DISCOUNT on all services	0998-96212-234 (032) 888-2662
SACRED HEART DIAGNOSTIC MEDICAL CENTER INC.	Makati City, Metro Manila	5% DISCOUNT on all services	(02) 8853-0234 to 35 / (02) 8853-0633 0969-0642705 clinic.sacredheart@gmail.com
SHINAGAWA LASIK & AESTHETICS CENTER CORPORATION	Taguig City, Metro Manila	Up to 20% DISCOUNT on lens surgery (Cataract/ICL/RLE) Free screening every weekday	(+632) 7368-5241 infor@shinagawa.ph
SHINAGAWA DIAGNOSTIC AND PREVENTIVE CARE CENTER	Taguig City, Metro Manila	Check-up packages with 10% discount from Monday to Friday	(+632) 7368-5238 infor@shinagawa-healthcare.ph
INSURANCE			
MANULIFE PHILIPPINES	Makati City, Metro Manila	FREE Pulse Oxymeter or Digital Thermometer to anyone who signs up for a new Plan FREE lunch buffet on the first anniversary of the issuance of each Plan of the Retiree or his/her dependent	Menchie Orobia (WhatsApp/Viber/Telegram) 0917-886-2201 menchie_s_orobia@manulife.com.ph
MEDICAL FACILITIES			
MEDICAL DEPOT	All Branches Nationwide	10% DISCOUNTS on all items including generic medicines (except for branded medicines)	support@medicaldepot.com.ph https://medicaldepot.com.ph
THERAPY CENTER			
DROLLY'S HOLISTIC THERAPY AND TRAINING CENTER	Baligatan City of Ilagan, Isabela	25% DISCOUNT on physical therapy sessions 10% DISCOUNT on innovation tools for pain management and corrective dysfunction muscles	0919-095-9698 drollyclaravall@yahoo.com
WELLNESS			
ORO YOGA HEALTH AND WELLNESS CENTER	3rd Floor, Casitas Bldg., Mc Arthur Highway, Mabalacat City, Angeles, Pampanga	10% DISCOUNT on all services offered	63 9175259375 www.facebook.com/oroyogawellnessstudio/
SUNSHINE PLACE SENIOR RECREATION CENTER	#56 Jupiter St., Brgy. Bel-Air, Makati City	Special Rate	02 8856 4144 / 02 8856 4162 / 0917 515 5656 / 0917 801 6440
WELLNESS FIRST NATUROPATHIC COMPANY	Pasig City, Metro Manila	Special Rate	(02) 7088-7314 drcardinez@yahoo.com

LEGAL AND FINANCIAL

LAW FIRM

A.T. LAGMAY LAW OFFICE	Pasig City, Metro Manila	FREE OF CHARGE for Periodic Briefings on Retirees' Issues 20% DISCOUNT on subsequent extended consultations	0916-750-1457 (02) 8635-2571 consult@atlaw.com.ph
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ACCOUNTING FIRM

JILL SANTOS & COMPANY	Taguig City, Metro Manila	10% DISCOUNT on standard professional fee	(02) 8829-0311 jillsantos@jsccpas.com info@jsccpas.com
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LIFESTYLE

AGRI -TOURISM WELLNESS FARM

NUEVA VIZKAWA (WELLNESS FARM)	Bayumbong, Nueva Viscaya	10% DISCOUNT on all services and Priority in Reservation	0968-880-6168 nueva.vizkawa@gmail.com
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CAR DEALER/AUTO REPAIR

PITSTOP MOTORS INC.	1197 Quezon Avenue, Quezon City	2% DISCOUNT on purchase of brand new units 10% DISCOUNT on repair service and maintenance	63 2 8376 2133 pitstopmotorsinc.ph@gmail.com
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HOTEL AND RESORTS ACCOMMODATION

BAI HOTEL CEBU	Mandaue City, Cebu	20% DISCOUNT on rooms at best available and promotional rates 20% DISCOUNT on food and beverages	(32) 342 8888 info@baihotel.com.ph
BEST WESTERN PLUS METRO CLARK	Angeles City, Pampanga	20% DISCOUNT for Deluxe Queen Room at best available rate	0917-637-2423
CRIMSON HOTEL	Branches Nationwide	20% DISCOUNT on room accommodation and food and beverage	63 (2) 8863 2222 / 63 998 5900 437 632 8846 0278 / local 8011 & 8019 alabangvoucher@crimsonhotel.com
CONRAD MANILA	Pasay City, Metro Manila	Special Rate	63 2 8683 3995 conrad.manila.reservations@conradhotels.com
CORAL BEACH CLUB	Matabungkay Lian, Batangas City	15% DISCOUNT on room accomodation and food and beverage	0917-901-4635 0919-822-0833 inquiries@coralbeach.ph
DAUIN SILVERR REEF DIVE RESORT	Dauin, Negros Oriental	50% DISCOUNT on Hotel & room accommodation 20% DISCOUNT for SRRVisa holder Products & foods	0917-315-6187 / 0917-317-1158 0916-375-1304 srdfo@gmail.com
GO HOTELS PLUS/ GO HOTELS	Branches Nationwide	15% DISCOUNT on best available rates	janiceian.vicente@robinsonsl.com dyna.abello@robinsonsl.com https://www.gohotels.ph/
GRAND SUMMIT HOTEL/ SUMMIT HOTELS AND RESORTS	Branches Nationwide	15% DISCOUNT on best available rates	janiceian.vicente@robinsonsl.com dyna.abello@robinsonsl.com https://www.grandsummithotels.ph/
LANSON PLACE MALL OF ASIA MANILA	Paranaque City, Metro Manila	Special Rate	63 2 7777 0000 reservations.lpmn@lansonplace.com
OKADA MANILA	Paranaque City, Metro Manila	Special Rate	632 8888 0777 / 632 8880 7555 destinationmarketing@okadamanila.com
PARK INN BY RADISSON/ RADISSON BLU CEBU	Branches Nationwide	Special Rate	Contact numbers: • Park Inn by Radisson North Edsa – +63 2 8944 1888 • Park Inn by Radisson Clark – +63 2 45 598 7000 • Park Inn by Radisson Bacolod – +63 34 706 8888 • Park Inn by Radisson Iloilo – +63 33 500 0001 • Park Inn by Radisson Davao – +63 82 272 7600 • Radisson Blu Cebu – +63 032 402 9900 Email addresses: • Park Inn by Radisson North Edsa – reservations.northEDSA@parkinn.com • Park Inn by Radisson Clark – pirc.reservations@parkinn.com • Park Inn by Radisson Bacolod – reservations.bacolod@parkinn.com • Park Inn by Radisson Iloilo – reservations.iloilo@parkinn.com • Park Inn by Radisson Davao – reservations.davao@parkinn.com • Radisson Blu Cebu –
PICO SANDS HOTEL	Nasugbu, Batangas	Special Rate	63 2 8464 7888/ 09178091289 reservations@picosandshotel.com

NAME OF COMPANY	ADDRESS	DISCOUNTS/ PRIVILEGES	CONTACT DETAILS
QUEST HOTELS AND RESORTS	Branches Nationwide	20% DISCOUNT on room accommodation and food and beverage	(+63 45) 599 8000, (+63 2) 8236 5040 clarkvoucher@questhotelsandresorts.com
TAAL VISTA HOTEL	Tagaytay City, Cavite	Special Rate	63 2 7917 8225/ 09178091254 reservations@taalvistahotel.com
Y2 RESIDENCES HOTEL	Makati City, Metro Manila	64% DISCOUNT from the Published Rates 55% DISCOUNT from the Published Rates	(+63 2) 5315 3000 0917 527 6034 0917 861 3841 reservations@y2hotel.com
RESTAURANTS			
CACTUS JACK SMOKEHOUSE CLARK	Angeles City, Pampanga	10% DISCOUNT on Packages or Bundles	0917-722-0147 cactusjacksmokehouse@gmail.com
LEGEND HONG KONG SEAFOOD & RESTAURANT	Angeles City, Pampanga	10% DISCOUNT on Packages or Bundles	0998 965 7200 jsmetroclark.marketing@gmail.com
NAMARI JAPANESE BISTRO	Angeles City, Pampanga	10% DISCOUNT on Packages or Bundles	0917 722 0147 namarijapanesebistro@gmail.com
TAX-FREE MERCHANDISING SHOPS			
DUTY FREE PHILIPPINES FIESTAMALL	Paranaque City, Metro Manila	20% DISCOUNT on selected items during selected sale period 10% DISCOUNT on selected items on any day	0928-9060660 mangononjp@dfp.com.ph
DUTY FREE PHILIPPINES LUXE	Pasay City, Metro Manila	20% DISCOUNT on selected items during selected sale period 10% DISCOUNT on selected items on any day	0928-9060660 mangononjp@dfp.com.ph
WINE DISTRIBUTOR/EVENT PLACE			
THE WINE CLUB	Makati City, Metro Manila	10% DISCOUNT on websites sales	(632) 8893-7784 sales@wineclub.ph

**PHILIPPINE RETIREMENT AUTHORITY
ACCREDITED PROJECTS/ RETIREMENT FACILITIES
Active as of 13 August 2024**

RETIREMENT FACILITIES	ADDRESS	CONTACT PERSON	CONTACT NUMBER/S
LA VIDA	1802 F.B. Harrison St. Brgy. 16, Zone 1, Pasay City	Angela V. Solon Lanielyn R. Tuazon	(02) 8891-8191 / 0917-3287303 / 0917-7121167 angela.s@goldentopper.com tuazon.lanie@goldentopper.com
CITY CLOU	D. Jakosalem St. Brgy. Zapatera, Cebu City	Angela V. Solon Lanielyn R. Tuazon	(02) 8891-8191 / 0917-3287303 / 0917-7121167 angela.s@goldentopper.com tuazon.lanie@goldentopper.com
EL SOL	Punta Engaño Road, Barangay Punta Engaño, Lapu-Lapu City, Cebu	Angela V. Solon Lanielyn R. Tuazon	(02) 8891-8191 / 0917-3287303 / 0917-7121167 angela.s@goldentopper.com tuazon.lanie@goldentopper.com
HOOVER PROJECT	113 Hoover cor. L. George Sts., Addition Hills, San Juan City	Lalaine H. Razon	(02) 8275-1114 / 0917-859-5566 / 0917-6715-888 zhengde_group@yahoo.com
27 ANNAPOLIS	27 Annapolis St. Barangay Greenhills, San Juan City	Arabelle Lee	(02) 8722-3333 / (02) 8721-1654 / 0917-7968128 admin@bayswater-realty.com motorsiklo@yahoo.com
GILMORE TOWER	2 Gilmore Ave. cor. N. Domingo St., New Manila, Quezon City	George L. Go Jr.	(02) 8892-9827 / 0917-8136388 glgo@canyon.ph info@gilmoretower.com
COPETON BAY SUITES	Macapagal Ave. cor Belle Ave., Parañaque City, Metro Manila	Mr. Aldous Adrian B. Carvajal	(02) 8988-7988 loc. 518 / 0917-5859347 aldous_carvajal@anchorland.com.ph
ONE LEGACY GRANDSUITES	1054 Benavides St. Binondo, Manila	Mr. Aldous Adrian B. Carvajal	(02) 8988-7988 loc. 518 / 0917-5859347 aldous_carvajal@anchorland.com.ph
THE EXCHANGE REGENCY	#2 Exchange rd. corner Meralco Ave., & Jade dr., Ortigas Center, Pasig City	Mr. Marlon Boiser	(02) 8584-8699/0917-6785222 m.boiser@noblelandadventuresinc.com
LA NOBLEZA TERRAZAS-SALAS TOWER	1505 Mabini corner Salas St., Ermita, Manila City	Mr. Marlon Boiser	(02) 8584-8699/ 0917-6785222 m.boiser@noblelandadventuresinc.com



Retiring in Pampanga, Philippines: A Growing Haven for Foreigners



By: Camille Anne Maitem

Photo courtesy of

 Clark International Airport

When it comes to choosing a place to retire, Pampanga, Philippines, is highly sought after because of its tropical beauty, welcoming and hospitable locals, and cost-effectiveness. Situated in the heart of Central Luzon, it offers an unparalleled combination of modern conveniences and a rich culinary and cultural heritage. It also provides an idyllic setting for foreign retirees coming from all walks of life looking to spend their retirement years at a leisurely pace with comfort and tranquility. Not only does Pampanga's natural beauty attract foreign retirees, but its low cost of living and the hospitable nature of its people foster a supportive and inclusive environment for foreign retirees.

- **Strategic Location and Accessibility to all**

Among its many appealing locales, Pampanga's Clark Freeport Zone is rapidly emerging as a top choice for foreigners looking to retire. Its development means it enjoys special economic privileges, making it an appealing location for businesses and investors, further enhancing its infrastructure and services. Previously a U.S. military base, it has since evolved into a thriving economic and leisure center. It is highly accessible for both local and international travelers due to its strategic location, which is just 80 kilometers north of Manila, and its proximity to Clark International Airport. The well-developed

infrastructure, which includes major highways like the North Luzon Expressway (NLEX) and Subic-Clark-Tarlac Expressway (SCTEX), guarantees a seamless connection to other areas in Luzon.

- **Cost of Living and Residency benefits**

The cost of living in Pampanga is one of the primary attractions for foreign retirees. Housing, utilities, healthcare, and food expenses are significantly lower in comparison to those of Western countries. Foreign retirees can enjoy a comfortable lifestyle without straining their retirement savings. Additionally, the Philippine government offers the Special Resident Retiree's Visa (SRRV), a non-immigrant multiple-entry, indefinite-stay visa, which provides various benefits, including exemption from certain taxes and the opportunity to retire, work, or invest in the country.

- **Modern Amenities and Healthcare facilities**

Pampanga boasts state-of-the-art facilities that cater to the needs of foreign retirees. The area is home to shopping malls, international restaurants, golf courses, and recreational centers. High-quality healthcare services are readily available, with several hospitals and medical centers offering world-class treatment at a fraction of the cost in Western countries. The presence of international schools also makes Pampanga an attractive option for foreign retirees with families.

Continued on next page



Sky Ranch Pampanga

- ***Safety and Security***

Safety is a crucial factor for foreign retirees, and Pampanga is known for its well-maintained security measures. Local law enforcement agencies and police visibility ensure a safe and secure environment, with regular patrols and stringent safety protocols in place. The province's low crime rate further enhances its appeal as a retirement destination.

- ***Vibrant Expat Community***

Pampanga's growing expatriate community provides a sense of camaraderie and support for new foreign retirees. Social clubs, community groups, and a variety of activities cater to the interests of expats, fostering a lively and inclusive atmosphere. This sense of community helps newcomers to assimilate quickly and establish meaningful relationships.

- ***Rich Culture and Natural Beauty***

Beyond its modern conveniences, Pampanga is characterized by its cultural heritage and natural beauty. Foreign retirees can explore historical sites, such as the Clark Museum and Nayong Pilipino, or enjoy the serene landscapes of nearby

attractions like Mount Pinatubo and Subic Bay. Pampanga's historical significance and cultural sites offer a glimpse into the Philippines' vibrant past, allowing foreign retirees to immerse themselves in the local culture.

- ***Great Investment Opportunities***

For foreign retirees looking to invest, Pampanga presents numerous opportunities. It is a rapidly expanding economic center that attracts both local and international businesses. Its real estate investment prospects are particularly promising, as there are numerous residential developments that accommodate both expatriates and locals. The region's economic growth and development potential make it an attractive proposition for foreign retirees who want to grow their financial assets.

All of these reasons and qualities make Pampanga an attractive and practical choice for those looking to retire in the Philippines. This vibrant region continues to thrive as more foreign retirees discover the benefits of retiring here, establishing it as a shining example of a retirement paradise in the Philippines.



PRA and BrightCare Inks MOA to Boost Healthcare Accessibility for Retirees

Access to healthcare, both preventive care and treatment, is essential for a fulfilling retirement life. Many individuals work their hardest to afford health insurance, pension plans and other similar services in anticipation of retirement years ahead. Health and medical care accessibility has become one of the most important considerations in choosing a retirement destination. Limited portability of international health insurance in the country is thus a challenge for Philippine retirement industry. The Philippine Retirement Authority, in its pursuit to make the country a premier retirement haven in Southeast Asia, has taken a big step to address this need for a complete retirement living experience.

On August 14, 2024, PRA and BrightCare Assist Philippines, Inc. (BCA) signed a landmark Memorandum of Agreement to make healthcare more accessible for PRA retiree-members. The partnership aims to facilitate the use of international health insurance for essential medical services, including auxiliary services such as medical transportation, across healthcare facilities in the country. The MOA was signed by PRA's General Manager and CEO, Mr. Roberto "Bob" Zozobrado, and President of BCA, Ms. Gloria Matti.

During the signing ceremony, Zozobrado underscored the significance of the partnership in addressing the critical challenge in retirement tourism. "As retirees seek ways to ensure their health and well-being while enjoying the benefits of global mobility, international health coverage is a significant consideration. This partnership provides a solution, ensuring the PRA retiree-members in the Philippines can access the healthcare they need using their insurance," he stated. Matti shared BCA's extensive experience in the field, noting "For almost a decade, BrightCare has been providing medical assistance through third-party administration services to more than 50 international primary and secondary insurances from Asia, Europe, the United States, Canada, and the Middle East. This partnership with PRA is a natural extension of our commitment to supporting international retirees."

BCA executives also emphasized the important role of health access to retirees. "For retirees, especially those choosing to settle in a foreign country, access to quality healthcare is not just important- it's essential. This partnership offers them the reassurance that they will be well-protected and cared for when they choose to retire in the Philippines," said Lawrence Sibayan, BCA Vice President for Marketing. Director Charice Que of BCA added, "BrightCare acts as a dedicated intermediary for international insurers, ensuring comprehensive, end-to-end assistance across all levels of care, no matter where or when medical services are required."

PRA hopes that this collaboration contributes to its retiree-members' peace of mind and overall quality of life. This is just the beginning of many more initiatives by PRA to enrich retirement living in the country, particularly in safeguarding the health and well-being of its retiree-members.

For support, retirees may call the dedicated 24/7 hotline at the following numbers: Smart: +63 968 898 7488; Globe: +63 917 701 8864; Landline: 8379 9990 or email medicalassistance@brightcare-assist.com.



LOVE TO LIVE IN THE PHILIPPINES

PHILIPPINE RETIREMENT AUTHORITY


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Please take note of the new
locations of our Satellite Offices



BAGONG PILIPINAS

Announcements

Mandatory Fingerprint Biometrics for SRRV Members: Key Points

New Applicants:

- Fingerprint collection is mandatory before oath-taking, except for ages 13 and below.

Current Holders:

- Those who haven't submitted fingerprints must visit a PRA office for an update.
- Fingerprints are required for ID renewal; dependents exempt due to age must comply upon turning 14.
- Home visit is available for those who are bed-ridden or for other legal reasons.

Where to have fingerprint impressions taken:

- PRA Head Office
- PRA Satellite Offices

Contact:

wecare@pra.gov.ph for queries.

UPDATE YOUR PRA ID AND SRRV STICKER TODAY!

To ensure a smooth transaction with Immigration Officers for departure and arrival, always be ready to present your updated PRA ID and SRRV Sticker.

Contact: id_renewal@pra.gov.ph for queries.



www.pra.gov.ph